The Healthcare Executive
FOR LEADERS DEVELOPING SOLUTIONS

Healthcare Solutions

Program Experts:

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HEALTHCARE EXECUTIVE LEADERSHIP
Improving Communication And Leadership In High Stress Environments

Healthcare Executives are responsible for communicating and providing leadership across many different spectrums within the healthcare sector. In order to help healthcare professionals manage the impact of high stress environments he or she are functioning, experts in this program will examine the following: a brief overview on stress, more specifically chronic stress, how stress impacts functioning and illness; researched methods on how to reduce stress response and increased well-being and freeing yourself from taking clients and team members stress on, as well as, ways to buffer your own stress levels. Optimistically the discussion will provide tools to develop and enhance high performance teams and managing dynamic healthcare environments.

With this 90-minute webinar program followed by Q&A experts will explore:

- Statistical analysis on stress and more specifically chronic stress
- Research findings related to dealing with stress
- Explore ways to help healthcare executives learn how to not take things personally
- How to lead with the ability to serve with greater compassion
- Using curiosity as a tool
- How it will be possible to serve clients and patients better across the continuum of care
- DISC Personality Assessment
- How to communicate to obtain the response you want to move towards the common goal

Webinar Date: February 09, 2016 | 12PM – 1:30PM CST
REGISTER HERE FOR THIS FREE WEBINAR: http://thehealthcareexecutive.com/CommunicationWebinar

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